Case-II

R.K. Sinha, Auditor, of D.A.G. P and T. Department, Nagpur, had several attacks of malaria. At times the fever going up to 107^0. F. and producing serious brain symptoms. On all these occasions he was treated by quinine as a result of which though the malaria fever was depressed, a serious from of anemia made its appearance. The case was very simple so far-as the medicine to be selected was concerned. The medicine to be selected was Natrum muriaticum, but I was afraid that it would bring about malaria rising to about 107^0. F., and that it would be very difficult to control it and to protect the patient. I therefore proceeded very cautiously, suspecting that I would not be able to save the patient. I kept him on cow's milk only, asking him to eschew even salt and sugar. I began with Nat.mur. 30x .The treatment began on September 4th 1949.On September 22nd, he got fever and it rose to 102^0 F.when Nat.mur. 10,000X was administered There was no fever for about six days. Then it came every day and rose up to 100^0 F. It was accompanied by nasal catarrh. Nat.mur.10000X and Kali. mur. 1000X was administered on September 30th. It was reported that the patient was better on October 3. Nat. mur. 10,000X was again administered on the same day and again on October 14^{th}. On October 19^{th} he again got fever and it rose to 104^0 F. Nat.mur. cm. was administered when it came down to 101^0 F. It rose again on October 21^{st} but it came down much earlier than on the on the 19^{th}. He was free from fever till November 29^{th} , 1949, on which date he again got fever caused by keeping awake at night and it rose to 100^0 F. Only Nat. mur. cm. was again administered. Since that time the patient has gradually improved in health and strength and has now recovered his former strength and weight and is enjoying sound health.

Conclusion

This case is a very good illustration of the bad effect of quinine and the beneficial effect of Nat.mur. It also illustrates the recurrence of previously suppressed diseases when under homeopathic treatment. I believed I could save him only by keeping him fasting on milk diet .Had I allowed him to take the ordinary solid food his fever would certainly have gone to 107^0 F. and perhaps caused his death . Milk is a good antidote to quinquinism.